

# Generally Speaking

## Information for Gold Coast General Practices

ISSUE: June 2016

[www.healthygc.com.au](http://www.healthygc.com.au)

### Bowel cancer resources for local GPs

Gold Coast health professionals now have access to a comprehensive range of bowel cancer resources, which have been uploaded to the Gold Coast Primary Health Network's HealthyGC website.

This includes referral guidelines, templates, preventative activities, training, information about the National Bowel Screening Program and useful articles.

Gold Coast Primary Health Network CEO Matt Carrodus said that bowel cancer is one of the most treatable diseases if caught early, and GPs can play a critical role in assessing risk factors and symptoms.

"These resources will provide GPs with a toolkit of useful resources which we hope may increase our screening rates, and save lives," Mr Carrodus said.



### June: Bowel cancer awareness month

Bowel Cancer Awareness Month is an annual initiative of Bowel Cancer Australia, running throughout the month of June each year to raise public awareness of a disease that claims the lives of 77 Australians every week. The main theme of the week is about saving lives through early detection as bowel cancer is one of the most curable types of cancer if found early.

This month provides an opportunity for GPs to discuss with their patients, about their risks of bowel cancer and any changes in bowel habits. It is also an opportunity to remind patients that when they receive their National Bowel Cancer Screening Kit,

### Bowel Cancer Resources on the Healthy GC website

- Resources for Health Professionals
- Bowel Cancer Screening Program (via the Department of Health)
- Cancer Council Australia Clinical Guidelines
- Health Professional Guidelines (Bowel Cancer Australia)
- RACGP Red Book: Guidelines for preventative activities in general practice: Colorectal cancer
- National Guide to a Preventive Health Assessment for Aboriginal and Torres Strait Islander People - Bowel Cancer
- Cancer Council: GP Tools
- CPD Points on Bowel Screening for GPs
- RACGP CPD for GPs: National Bowel Cancer Screening Program (NBCSP)
- CPD Points on Bowel Screening for Nurses
- APNA Online Training Course for Bowel Cancer Screening
- Referral Guidelines
- Queensland Health OPD Gastroenterology Referral Guidelines
- Queensland Health: NBCSP
- Useful GP Articles
- Australian Family Physician (AFP) Bowel Cancer Screening: A role for general practice
- AFP: NBCSP - Consequences of Practice
- Resources for Consumers

Visit:

[www.healthygc.com.au/Resources/Bowel-Cancer.aspx](http://www.healthygc.com.au/Resources/Bowel-Cancer.aspx)

they need to complete the test, return it and nominate their GP to ensure they receive their results.

For details about the Bowel Cancer Screening Program eligibility criteria for the kits visit:

[www.healthygc.com.au/Resources/Bowel-Cancer.aspx](http://www.healthygc.com.au/Resources/Bowel-Cancer.aspx)

For more information on Bowel Cancer Awareness Month visit: [www.bowelcanceraustralia.org/bowel-cancer-awareness-month](http://www.bowelcanceraustralia.org/bowel-cancer-awareness-month)

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**GPGC**  
Healthy General Practice Healthy Gold Coast

**phn**  
GOLD COAST

An Australian Government Initiative



**Dr David Rowlands**  
Gold Coast Primary Health Network (GCPHN) Board Chair

I am pleased to report GCPHN has finalised its strategic planning for the period 2016-20 and completed its annual plan for 2016-17. These have been developed, following an intensive needs assessment process that involved a broad range of stakeholders, including our [community and clinical councils](#), GPs, GCHHS and numerous other stakeholders. These groups have also given their input on investment priorities.

Our vision remains: “Building one world class health system for the Gold Coast”. Inherent in this is our [strategic goal](#) to improve coordination of care to ensure patients receive the right care in the right place, at the right time and by the right person. Bringing together the multitude of organisations and practitioners required to effect such a change will be an enormous challenge, but we see it as the critically missing link to better patient care. Our region is relatively well-served by health and social services. However, patients and practitioners often describe the challenges of understanding the pathways and options for care, for people requiring the assistance of multiple services. This is particularly true for mental health and drug and alcohol services — this will be our immediate priority. GCPHN has been allocated funding to address these gaps and will undertake a specific needs assessment and service design to improve them.

To better support general practices a tiered approach is being implemented, so all practices have access to PHN information, accreditation and digital health support and targeted practice support as required — with 80 per cent of these practices engaged in a quality improvement activity to assist in data quality and improving clinical measures.

- Dr David Rowlands



**Dr Lisa Beecham**  
General Practice Gold Coast (GPGC) Board Member

General Practice Gold Coast (GPGC) has taken the informal analysis (carried out at the March Network Meeting) on board, and we are now planning more networking/educational activities for 2016. CPR events were held on Wednesday, May 18 and Saturday, May 21 at the new Gold Coast Private Hospital. Further networking events with your fellow GP colleagues are being rolled out across the Gold Coast on June 7 at the Hollywell branch of the Southport Yacht Club; Tuesday, June 21 at the Tugun Surf Club; and Wednesday, July 13 at the Kurrawa Surf Club.

We would like to hear from every GP on the Gold Coast at these networking events. Come along and bring your ideas. The Federal Health Minister’s media release on March 31, entitled ‘A Healthier Medicare for Chronically ill Patients’ proposes a dramatically changing space for General Practice in Australia. View this at: [www.health.gov.au/internet/ministers/publishing.nsf/Content/health-mediaref-yr2016-ley021.htm](http://www.health.gov.au/internet/ministers/publishing.nsf/Content/health-mediaref-yr2016-ley021.htm)

Rebate freezes announced in the lead-up to the Federal Election have also changed the future outlook for General Practice and the work life of every GP.

Come along and tell us your views, let us know if you want a collective Gold Coast GP opinion from GPGC to be delivered to the Health Minister.

Let us know if you will be thinking of registering for the new “Medical Home” model proposed to be rolled out from July 2017. What assistance would you like from GPGC in this area? I encourage all GPs to attend the networking event closest to them. Bring your partner along.

Thank you and I look forward to meeting you soon.

- Dr Lisa Beecham

## General Practice Gold Coast GP Networking event

GPGC GP Members and their partners are invited to a series of networking/social events to inform the GPGC Board about what you think your organisation can do to add value to general practitioners’ work life and the business of General Practice. Members can choose from three venues across the Coast during June/ July, starting from 6.30pm. They are:

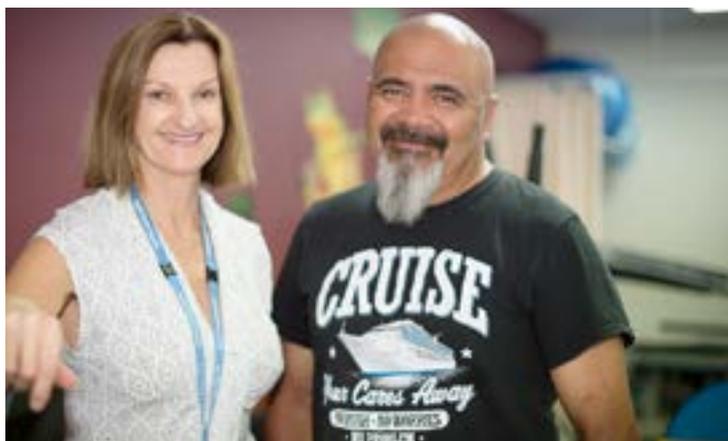
- Tuesday 7th June - Southport Yacht Club Sailing Squadron, 1 Marina Crescent, Hollywell
- Tuesday 21st June - Tugun Surf Club, 29 O’Connor Street, Tugun
- Wednesday 13th July - Kurrawa Surf Club, Old Burleigh Road, Broadbeach

As a reminder to all GPs, please note membership to GPGC is free and you can join at: [www.gpgc.com.au/cmsItem.aspx?CK=109](http://www.gpgc.com.au/cmsItem.aspx?CK=109)

**RSVP** five days prior to the chosen event. Email [admin@gpgc.com.au](mailto:admin@gpgc.com.au) with your preferred event, numbers and dietary requirements.



# The Chronic Disease Wellness Program



The Chronic Disease Wellness Program can deliver specialised care as a participant in a Team Care Arrangement (Item number 723) that:

- does not use any of the five annual individual Medicare subsidised allied health visits
  - has no direct cost to the patient
- MBS eligibility and requirements must be within the item number descriptor See details here: <http://tinyurl.com/j4bz8ta>

Based at Robina and Helensvale, the program specialises in diabetes, chronic kidney disease, chronic obstructive pulmonary disease (COPD) and heart failure. The program has a unique ability to work across multiple chronic health specialties, including physician consultation to negotiate the best plan and collaborate with the GP. Program user James Ross required his needs to be coordinated across multiple chronic care services. James reports: "Attending the Chronic Disease Program regularly has been great to give me confidence to manage my diabetes, keep me focused and on track."

Customised plans may include individual consultations, customised exercise programs for pulmonary and heart failure rehabilitation, smoking cessation, a range of group interventions and disease

specific group education aimed at achieving client's goals. Group education provides an opportunity for sharing experiences with others with similar needs. For example, the Diabetes group education is delivered in two half days or one day, and covers management of diabetes; healthy eating for diabetes; making sense of food labels; benefits of physical activity, medication in diabetes, healthy feet and self-management.

A person recently attending the Diabetes Group Education said, "Everyone was informative, pleasant and respectful. They were good teachers and made the information clear and simple for easy understanding. I am very grateful to have attended these sessions."

The Diabetes Program can be further optimised by accessing eight group-based exercise sessions available through Medicare item number (type 2 Diabetes Group services - completion of a GPMP item number 721).

For further information on a selection of local group-based exercise providers, please visit: <http://tinyurl.com/j6owwxz>

To refer to the Chronic Disease Wellness Program, just download the referral templates from: [www.healthyc.com.au/Templates-Guidelines/Adult-Community-Health-Referral-Templates.aspx](http://www.healthyc.com.au/Templates-Guidelines/Adult-Community-Health-Referral-Templates.aspx)

Select your software version, import into the clinical program, and send it electronically to our Central Intake Unit by Medical Objects to: QHealth, Gold Coast Health Adult Community Health. You can select appropriate test results to embed into the referral.

For support or assistance contact your Practice Support Officer at the Gold Coast Primary Health Network on Ph 07 5635 2455. For further information about the service contact the Central Intake Unit by phoning 1300 668 936.

## General Practice research project

Gold Coast General Practices are invited to participate in a study being conducted by Macquarie University, University of South Australia, Children's Health Queensland and other organisations, called 'The appropriateness of healthcare delivery to Australian children - CareTrack Kids'. This is a collaborative project which will improve knowledge of health care delivered to children for 19 common paediatric conditions, as well as establishing the type and frequency of adverse events seen during 2012-2013.

In addition to participating in an Australian research project, practices will benefit by:

- Participating in a Quality Improvement initiative (QI)
- Better understanding Clinical Risks
- Enabling participating GPs to access a RACGP QI and CPD program Category 1 (40 point) activity for the 2014-2016 Triennium
- Gaining an understanding of the current evidence based guidelines for the management of 19 common paediatric conditions.

**Find out more:** email [CHO.GPLO@health.qld.gov.au](mailto:CHO.GPLO@health.qld.gov.au) or contact Florence Bascombe RN and Research Surveyor, at [Florence.Bascombe@mq.edu.au](mailto:Florence.Bascombe@mq.edu.au) or 0477 627 131. Additional information: [www.caretrackaustralia.org.au](http://www.caretrackaustralia.org.au)

[www.healthyc.com.au](http://www.healthyc.com.au)

## What's new on the HealthyGC website

The HealthyGC website has been updated with the latest information for health professionals including:

- New Chronic Obstructive Pulmonary Disease resource page added: [www.healthyc.com.au/COPD](http://www.healthyc.com.au/COPD)
- Adult Community Health Referral Templates updated: [www.healthyc.com.au/Templates-Guidelines/Adult-Community-Health-Referral-Templates.aspx](http://www.healthyc.com.au/Templates-Guidelines/Adult-Community-Health-Referral-Templates.aspx)
- Aged Care resource page updated: [www.healthyc.com.au/Resources/Aged-Care.aspx](http://www.healthyc.com.au/Resources/Aged-Care.aspx)
- Griffith University Undergraduate Student Nurse Placement program page updated: [www.healthyc.com.au/Programs-Services/Clinical-Placements/Undergraduate-Student-Nurse-Placement.aspx](http://www.healthyc.com.au/Programs-Services/Clinical-Placements/Undergraduate-Student-Nurse-Placement.aspx)
- New General Practice Liaison Unit contacts added: [www.healthyc.com.au/About-Us/Our-Organisation/Our-people.aspx](http://www.healthyc.com.au/About-Us/Our-Organisation/Our-people.aspx)



### An opportunity for general practice to shape mental health/AODs on GC

#### Mental Health and Alcohol and Other Drugs Reform Forum June 8, Southport

There are still places available for GPs, practice managers and practice nurses to have input into the future needs of mental health and alcohol and other drug services on the Gold Coast. Practices play a significant role in managing and supporting patients and their families who may be affected, and may have some valuable insights into how work collaboratively with existing services for the best outcomes. Four RACGP points have been approved. **For more information or to register visit:** [www.healthygc.com.au/MHAODSForum](http://www.healthygc.com.au/MHAODSForum)



### Men's Health Week - Living with Purpose - Building on Health

This year's Men's Health Week from June 13 - 19 encourages communities across Australia to reach out to men, boys and their families and start those conversations about the elements of life that build health and life's purpose. The week encourages our community to better support men in their physical and mental health.

In 2014, ABS data shows that 2,160 men died by suicide and this number is increasing. Beyond Blue has stated that among Australia men, those aged 85 and older are most likely to take their lives (37.6 per 100,000), followed by 40 to 44-year-olds (29.9/100,000) and 50-54-year-olds (29.2/100,000).

Beyond Blue have released a free app, which can be downloaded onto a smartphone, to show people how to create a plan to refer to when they are experiencing suicidal thoughts or are in a suicidal crisis.

Beyond Blue Chairman the Hon. Jeff Kennett AC said, "We know that having access to a safety plan in crisis situations can save lives. Now, we've used technology to convert written suicide safety plans, which have been used successfully with American service veterans, into a free app."

"I hope that men, in particular, will work with their GPs, psychologists, psychiatrists and carers to personalise the safety plan on the BeyondNow app and refer to it when they feel at risk of harming themselves."

Find out more at: [www.beyondblue.org.au/get-support/beyondnow-suicide-safety-planning](http://www.beyondblue.org.au/get-support/beyondnow-suicide-safety-planning)

For information on Men's Health Week visit: [www.menshealthweek.org.au](http://www.menshealthweek.org.au)

### Practice Incentive Program eHealth incentive

*The Digital Health Incentive is now only referred to as the PIP eHealth Incentive or ePIP*

The PIP eHealth Incentive aims to encourage practices to:

- keep up to date with the latest developments in digital health
- adopt new digital health technology
- improve administration processes and patient care

The PIP eHealth Incentive consists of five eligibility requirements and an overview of the ePIP requirements can be found on the Department of Human Services website:



[www.humanservices.gov.au/health-professionals/enablers/ehealth-incentive](http://www.humanservices.gov.au/health-professionals/enablers/ehealth-incentive)

It provides a complete list of the latest guidelines – May 2016

- Updated eHealth Incentive guidelines Requirement 5 – My Health Record System
- Information calculating targets and monitoring shared health summary uploads

#### Viewing and calculating the minimum shared health summary upload target

You need to calculate your practice's minimum shared health summary upload target for the current quarter using your previous quarter's Payment Advice. You will also be able to view your practice's current quarter upload target in your August 2016 Payment Advice if you elect to receive your practice's Payment Advices online through Health Professionals Online Services (HPOS) Messages. For future quarters, practices will be able to view their current eHealth Incentive details, (including their minimum shared health summary upload target) in the PIP Online eHealth Incentive Details screen.

#### Existing practices

For an existing PIP practice the minimum shared health summary upload target is calculated using your practice's SWPE. Every quarter your practice is sent a Payment Advice advising your current SWPE count. The SWPE count provided in your last Payment Advice is the SWPE value to be used to calculate your shared health summary upload target for the current quarter. To determine your practice's minimum upload target, multiply the SWPE in your Payment Advice by 0.5 per cent. For example, to calculate your minimum shared health summary upload target for the May to July 2016 quarter, multiply the practice SWPE provided in your May 2016 Payment Advice by 0.5 per cent. The calculation for a practice with a SWPE of 5,000 would be 5,000 x 0.5 per cent = a minimum shared health summary upload target of 25.

#### New and small practices

If your practice is new to PIP or has a SWPE of less than 1,000 your practice will be given a default SWPE level of 1,000 to determine the minimum number of shared health summaries that are required to be uploaded. This equates to a minimum shared health summary upload target of 5 per quarter. If your practice's SWPE grows to be more than 1,000, (as shown in your Payment Advice) the actual SWPE will be what you use to calculate your minimum shared health summary upload target.

**Latest Digital Health Information**  
[www.healthygc.com.au/digital-health](http://www.healthygc.com.au/digital-health)

### Quick Practice Tip

#### Digital Health My Health Record security

My Health Record uses bank-strength security including strong encryption and firewalls, secure logins and audit trails. It meets Australian Government Security Standards and is regularly tested for security compliance and vulnerability.

### Practice Tip – My Health Record

#### What is an IVC Code?

An IVC is an identity verification code used by the consumer to activate their My Health Record when registering online or in person. This code only needs to be used once, and is valid for 30 days.

#### Uploading advanced care planning documents

From April 2016, the My Health Record system provides individuals with the ability to upload a scanned version of an advance care planning document prepared by the individual or their representative. For uploading, the scanned copy of their document needs to be saved as a PDF.

## Tips for GPs as we mark World Refugee Day

Monday, June 20 is World Refugee Day and commemorates the strength, courage and resilience of millions of refugees. United Nations Secretary-General Ban Ki-moon said, "refugees are people like anyone else, like you and me. They led ordinary lives before becoming displaced, and their biggest dream is to be able to live normally again. On this World Refugee Day, let us recall our common humanity, celebrate tolerance and diversity and open our hearts to refugees everywhere."

Gold Coast Primary Health Network has been involved in training for practices to become refugee ready, and also has some useful information on the HealthyGC website for practices, with helpful tips about seeing a patient from a refugee background for the first time. Information is also available on the Doctors Priority Line - 1300 131 450, which is a free phone interpreting service for medical practitioners in private practice, 24 hours a day, every day of the year. Visit:

[www.healthycg.com.au/Programs-Services/Refugee-Health.aspx](http://www.healthycg.com.au/Programs-Services/Refugee-Health.aspx)



## Integrated Care

### Integrated Care seeking local patients with chronic conditions

People with chronic conditions have a chance to help Gold Coast Integrated Care develop its plan to reduce hospital admissions among the city's sickest patients.

Gold Coast Health is leading the Gold Coast Integrated Care (GCIC) program and partnering with Griffith University, State and Federal Governments and the Gold Coast Primary Health Network. The program brings together chronically ill patients, their GPs and hospital team to ensure that care is delivered at the right time and place. GCIC Managing Director Helen Cooper said now that the program was well under way, a research team from Griffith University would evaluate whether it was beneficial.

"The research team will closely monitor patients in the program over the three-year period and will compare their results to the results of a population with similar health conditions in the wider Gold Coast community," she said. "We are now inviting

patients to join this comparative group and we are seeking the community's help. "If you have a chronic condition and have been to hospital in the past three years you may be able to help us make a difference in healthcare on the Gold Coast."

People with heart disease, lung disease, kidney disease, or diabetes, may have multiple conditions and as a result regularly find themselves in and out of hospital and their GPs office. These patients may feel frustrated about having to tell their often complex story repeatedly to hospital staff and their GP and may not be aware of other community services that may help ease the burden of managing their healthcare needs.

The GCIC team aims to improve the communication between members of the patient's care team by developing individualised care plans and supporting the patient and their GP in identifying services that may be needed to keep patients out of hospital and at home.

If you have a chronic condition and have been to hospital in the past three years, phone Lauren Ward at Gold Coast Integrated Care on 1300 004 242.

Gold Coast Primary Health Network Area				
Notifiable diseases	Apr 2016	Apr (5 Yr Mean)	YTD 2016	Total for 2015
<b>Vaccine Preventable</b>				
Measles	-	3	-	<3
Pertussis#	33	31	141	144
Rubella	-	-	-	-
Influenza (Lab confirmed)	85	23	376	3386
Mumps	-	<3	<3	9
Varicella	58	35	316	787
<b>Bloodborne</b>				
Hepatitis B (All)	12	4	49	111
Hepatitis C	22	18	105	203
<b>Gastrointestinal</b>				
Campylobacter	50	33	262	740
Cryptosporidiosis	29	9	161	134
Hepatitis A (All)	-	<3	<3	8
Rotavirus	8	7	51	119
Salmonellosis (All)	41	39	266	674
<b>Sexually transmitted</b>				
Chlamydia (All Forms)	240	199	1119	2683
Gonorrhoea (All Forms)	48	27	204	364
Syphilis (Infectious <2yr dur)	<3	4	13	72
<b>Arboviral disease</b>				
Ross River Virus	42	23	137	691
Barmah Forest Virus*	3	8	8	29
<b>Other diseases</b>				
Q Fever	<3	<3	4	12
Legionella	-	<3	-	4
Meningococcal (Invasive)	<3	<3	<3	4
Pneumococcal (Invasive)	<3	<3	4	21

For immunisation advice contact the Gold Coast Public Health Unit  
 Ph: **07 5687 9000** Fax: **07 5687 9113**  
 Email: [gphucdc@health.qld.gov.au](mailto:gphucdc@health.qld.gov.au)

\* Caution should be used when making historical comparisons of BFV cases due to the high number of false positive notifications related to a commercial serology kit.  
 # Caution should be used when interpreting Pertussis notifications due to changes in the notification criteria in 2013. **Data extracted:** 16 May 2016, Qld Health NCOS database

## Back to Basics Immunisation Workshop

June 15, 8.30am - 4.30pm

Gold Coast Primary Health Network  
 Level 1, 14 Edgewater Court, Robina

This free workshop is for staff and nurses new to general practice (within the last six months) with immunisation responsibilities at their practice.

**Guest presenter:**  
 Peter Walker  
 Gold Coast Public Health Unit

To find out more/register visit:  
[www.healthyc.com.au/immunisationB2B](http://www.healthyc.com.au/immunisationB2B)

## Pneumococcal Vaccinations for Adults aged over 18

Don't forget when giving influenza injections to check on whether Pneumococcal vaccinations are indicated. Give only one dose of 23vPPV for all non-Indigenous adults over 65 years-old who don't have a medical condition listed below that confers increased risk. For Indigenous patients who don't have a medical condition listed below give a first dose at 50 years-old and repeat the next dose five years later.

For those adults 18 years and above with a medical condition listed in the table below in Category A or B give one dose at 18 years old or at time of new diagnosis. For example our Diabetic and Chronic Lung Disease patients should routinely be getting this at diagnosis in Adulthood and a five yearly booster and third dose at 65 years-old.

If a Category A condition exists e.g. immunosuppression give 1 dose of 13v PCV at diagnosis, followed by two months later by 23vPPV then repeat 23vPPV in 5-10 years. The third dose of 23cPPV should be given at 50 years old if indigenous or at the age of 65 if non Indigenous at least 5 years after the last dose. This means three doses in adulthood are given. *(These aren't funded on the National Immunisation Program until the 50-65 year-old doses.)* Special consideration applies to post Hematopoietic Stem Cell. See the Australian Immunisation Handbook guidelines for more.

- Dr Lisa Beecham

For more information visit: <http://tinyurl.com/z8svzry>

CATEGORY A Conditions associated with the highest/increased risk of IPD	CATEGORY B Conditions associated with an increased risk of IPD
<ul style="list-style-type: none"> <li>• Functional or anatomical asplenia, including:                             <ul style="list-style-type: none"> <li>○ sickle cell disease or other haemoglobinopathies</li> <li>○ congenital or acquired asplenia (e.g. splenectomy), splenic dysfunction</li> </ul> </li> <li>• Immunocompromising conditions, including:                             <ul style="list-style-type: none"> <li>○ congenital or acquired immune deficiency, including symptomatic IgG subclass or isolated IgA deficiency (Note: children who require monthly immunoglobulin infusion are unlikely to benefit from vaccination)</li> <li>○ immunosuppressive therapy (including corticosteroid therapy &gt;2 mg/kg per day of prednisolone or equivalent for more than 1 week) or radiation therapy, where there is sufficient immune reconstitution for vaccine response to be expected</li> <li>○ haematological and other malignancies</li> <li>○ solid organ transplant</li> <li>○ haematopoietic stem cell transplant (HSCT)†</li> <li>○ HIV infection (including AIDS)</li> <li>○ chronic renal failure, or relapsing or persistent nephrotic syndrome</li> </ul> </li> <li>• Proven or presumptive cerebrospinal fluid (CSF) leak</li> <li>• Cochlear implants</li> <li>• Intracranial shunts</li> </ul>	<ul style="list-style-type: none"> <li>• Chronic cardiac disease:                             <ul style="list-style-type: none"> <li>○ particularly cyanotic heart disease or cardiac failure in children</li> <li>○ excluding hypertension only (in adults)</li> </ul> </li> <li>• Chronic lung disease, including:                             <ul style="list-style-type: none"> <li>○ chronic lung disease in preterm infants</li> <li>○ cystic fibrosis</li> <li>○ severe asthma in adults (requiring frequent hospital visits and use of multiple medications)</li> </ul> </li> <li>• Diabetes mellitus</li> <li>• Down syndrome</li> <li>• Alcoholism</li> <li>• Chronic liver disease</li> <li>• Preterm birth at &lt;28 weeks gestation</li> <li>• Tobacco smoking</li> </ul>

### Check Your Cancer Risk tool launched

The Federal Department of Health has launched a Check Your Cancer Risk, an interactive online tool to help people understand how lifestyle factors can contribute to their risk of cancer. The Check Your Cancer Risk is designed to motivate people to take simple, achievable steps to reduce their risk by assessing lifestyle factors, including weight and diet, physical activity, alcohol consumption, smoking and sun exposure.”  
Visit: <https://lifestylrisk.canceraustralia.gov.au/#/>

### Dementia Care Essentials Program

Careers Australia Education Institute Pty Ltd, in collaboration with the Federal Government, is offering a fully funded Dementia Care Essentials program. This initiative focuses on provision of dementia-specific training for aged care workers employed in residential, community and flexible aged care services funded by the Australian Government. The training is the accredited unit of competency CHCAGE005 - Provide support to people living with dementia and is delivered in one day or two four hour sessions. Further information: Call 0421 475 225 or email: [Suzanne.Dalton@careersaustralia.edu.au](mailto:Suzanne.Dalton@careersaustralia.edu.au)

### The Appointment Reminder Translation Tool

The NSW government has developed a translation tool to allow GPs or their staff, to produce the details of the patient's next appointment in the patient's own language, including a list of what to bring to their next appointment (Medicare cards, relevant x-rays etc). It can be given to the patient at the surgery, sent, or emailed. The tool is available in 30 languages.  
Visit: [www.swslhd.nsw.gov.au/refugee/appointment/](http://www.swslhd.nsw.gov.au/refugee/appointment/)

### Seeking patients for Gold Coast stuttering trial

Do you have an adult patient who wants treatment for stuttering? Gold Coast Health and Griffith University Speech Pathology are conducting a research project *'Intensive Smooth Speech for adults who stutter: A Phase I trial of a distributed group model conducted by speech pathologists and students'*.

The project team is looking for potential participants over 18 years and have a stutter. Treatment is provided by a qualified speech pathologist plus speech pathology students at Robina Hospital at no cost to the participant (for Medicare eligible patients).

#### Dates of the next treatment group are:

- Wednesday 29 June to Friday 1 July 2016 AND
- Monday 11 July to Tuesday 12 July 2016

Patients can find out more about the study or discussing the project in more detail, please contact Rebekah on 07 5668 5969 or Marie on 07 5668 6985 or email: [Rebekah.Nugent@health.qld.gov.au](mailto:Rebekah.Nugent@health.qld.gov.au)

### GP/Nurse Positions Vacant Coomera

A general practice in Coomera is looking for an after hours doctor to work weekday evenings and weekend mornings.

- Work hours are negotiable with a minimum guarantee available
- A District of Workforce Shortage position is available
- Supervision for restricted registrations is also available

Contact: [reception@mydoctorscoomera.com.au](mailto:reception@mydoctorscoomera.com.au) or phone 07 5665 9402.

### Registered Nurse or Enrolled Nurse Needed at Reedy Creek

A registered nurse or enrolled nurse is needed to join a GP-owned practice in Reedy Creek.

- Two days a week (Tuesday and Fridays) plus holiday relief work
- Experience in General Practice and vaccination is essential
- Immediate start

Contact: [practicecoordinator@amtanmedical.com.au](mailto:practicecoordinator@amtanmedical.com.au) or 0420 657 120.

### RN Practice Nurse Opportunity at Robina

A busy medical centre in the heart of Robina is looking for a full-time or part-time registered nurse with previous experience.

- The right applicant will be offered above award pay
- Choice between a full time or part time roster

Contact: Please send your resume to [lavermedical@hotmail.com](mailto:lavermedical@hotmail.com) or phone 0407 034 792.

### Ashmore part-time/full-time GP position available

- On the Park General Practice Ashmore
- To replace retiring part-time/full-time GP
- GP owned and run family practice
- No after hours or weekend work
- Hours negotiable
- RN on site
- Private billing - fully computerised

Contact: Dr David Rowlands or Dr Michael Pearcy on 07 5527 9445 or email: [management@ontheparkgp.com](mailto:management@ontheparkgp.com)

### New open hours for Cancer Support/Info Service

Cancer Council Queensland's 13 11 20 Support and Information Service has changed its opening hours, and now operates from 9am to 5pm on Mondays to Fridays (excluding public holidays). These new hours will allow for better utilisation of resources at peak periods when the most calls from the community are received, and provide a more responsive service for Queenslanders concerned about cancer.

## GCPHN Community Advisory Council

The April meeting of the Gold Coast Primary Health Network Community Advisory Council provided some great insights into promoting health through identifying risk, using both a consumer and clinical facing tool. Gold Coast Health Public Health Unit sought feedback on the 'Get Healthy' tool. Designed as a prevention checklist, the tool is likely to be made available to people through clinical settings such as General Practice to prompt discussion about health between patients and GPs.

The Council also provided input from the consumer perspective on a proposed pilot program currently under development by GCPHN. The Tier 4 Practice Support - Stratification Optimising Health Outcomes project will utilise the 'Adjusted Clinical Groups' tool developed by Johns Hopkins University to support GPs in categorising and identifying patients at different levels of risk. Outcomes from this and previous Community Advisory Council meetings can be viewed on the GCPHN website at:

[www.healthyc.com.au/CAC-outcomes](http://www.healthyc.com.au/CAC-outcomes)

## To place a free job notification:

Place your listing on [www.healthyc.com.au/professionaljobs](http://www.healthyc.com.au/professionaljobs) (automatically included in Generally Speaking) or email [communications@gcphn.com.au](mailto:communications@gcphn.com.au) Word Count: 75 words Layout: Bullet points

# What's On

Gold Coast Primary Health Network does not endorse any events listed below that are provided by external agencies. Details are provided for information to practices and patients. Full details are available at [www.healthygc.com.au/whats-on](http://www.healthygc.com.au/whats-on)



## PLEASE NOTE

Events organised/supported by GCPHN for practices are highlighted in the blue boxes. Details are available at: [www.healthygc.com.au/Events/Education-and-Training.aspx](http://www.healthygc.com.au/Events/Education-and-Training.aspx)

### June 4 2016

Deadly Families Festival, 10am-2pm, Broadwater Parklands, Southport

### June 6 2016

Anger Management/Conflict Resolution, Oxenford

### June 6

Babysitting Training

### June 7

GPGC Networking and Social Event Southport Yacht Club Sailing Squadron, 1 Marina Crescent, Hollywell

Mental Illness Fellowship Queensland, MI Hub Palm Beach

### June 8 2016

**GCPHN: General Practices - part of the solution**  
Mental Health - Alcohol and Other Drugs Reform Forum for GPs, practice nurses and practice managers

Assertiveness Parenting Programs

### June 9 2016

#### **GCPHN Navigating the Pain Maze – Your Questions Answered GP Event**

This GP event will focus on patient care with discussions led by key clinicians.

Rural Doctors Association of Queensland 27th Annual Conference

### June 11 2016

Relationship Rescue - Parenting Programs

### June 13 2016

Anger Management/Conflict Resolution - Parenting Programs

### June 14 2016

Mental Illness Fellowship Queensland MI Cafe Social Gathering

### June 15 2016

#### **GCPHN Back to Basics Immunisation Workshop**

For staff and nurses new to general practice (within the last six months) with immunisation responsibilities at their practice.

### June 17 2016

Mental Health and Alcohol and Other Drug Interventions Training Session 2

### June 19 2016

Alzheimer's Australia's Memory Walk and Jog 2016, Southport

### June 21 2016

Mental Illness Fellowship Queensland MI Cafe Social Gathering, Palm Beach

GPGC: Networking and Social Event

Tugun Surf Club, 29 O'Connor Street, Tugun

### **GCPHN General Practitioner Trainer Workshop**

Teaching Tips and Time Management: Learn New Gems and Share Old Ones

### June 22 2016

e-Seminar: Dementia and Behaviours of Concern, Alzheimer's Qld/Nurses for Nurses Network.

### June 24 2016

Conservative Sharp Debridement in Wound Management, nursing

### July 12 2016

Mental Health First Aid Course for Families and Carers 2016 (two-day course)

### July 13 2016

GPGC Networking and Social Event Kurrawa Surf Club, Old Burleigh Road, Broadbeach

## What do you think of Generally Speaking?

We would appreciate your feedback about Generally Speaking, to ensure this publication continues to be relevant and useful for general practices.

- What are we doing well?
- What areas could be improved?
- What articles/topic areas would you like us to feature?

Please email your ideas to:

[communications@gcphn.com.au](mailto:communications@gcphn.com.au)

[www.healthygc.com.au/events](http://www.healthygc.com.au/events)



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Healthy General Practice Healthy Gold Coast

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**Editorial deadline:** June 15 2016

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