

phn

# **General Practice as Part of the Solution**

## **Mental Health and Alcohol and Other Drugs**



phn

# Agenda

Welcome

Presentation - Michelle Powell and Dr James Courts

Mental health and alcohol and other drug reform -  
Lesley Maher

Table discussion/session

Completion of evaluation

Lucky Ticket draw

phn

# Mental Health Reform

# What is the mental health reform?

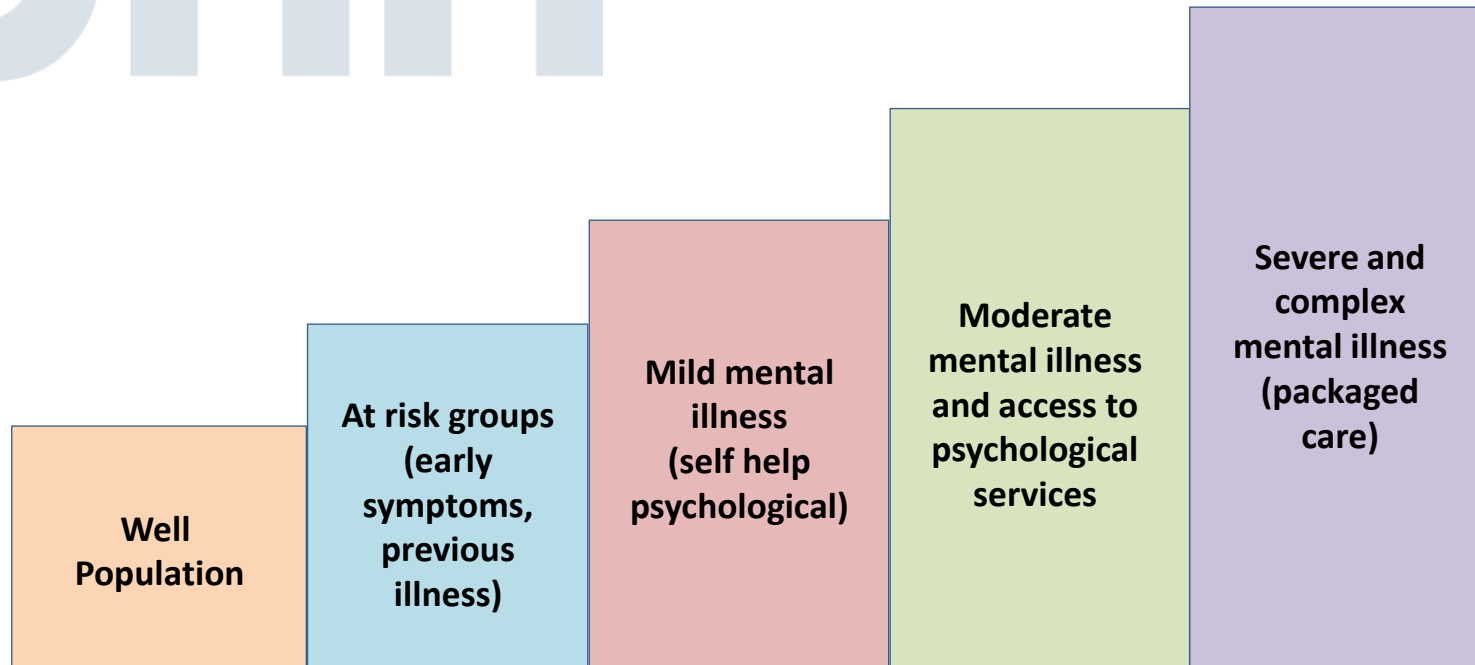
- Federal Government engaged the National Mental Health Commission (NMHC) to review mental health programs
- NMHC released report in November 2014
- Australian Government response to report released in November 2015

## **Reform is about ... localised services delivered through Primary Health Networks**

- Identify needs and challenges that are specific to communities that do not always fit the one-size-fits-all model of service delivery run from Canberra.
- PHNs will be put in charge of commissioning the mental health services they consider necessary and appropriate to the needs of their local communities, rather than them being contracted at a fragmented national level in Canberra.



# Stepped Care Approach



- What do we need to achieve?
- What services are relevant?
- What are the typical workforce requirements?

# Mental Health

Six focus areas:

- **Youth, including children**
  - 2016/17 and 2017/18 commissioning headspace
- **Indigenous (mental health and suicide)**
  - new funding from 2016/17
- **Suicide prevention**
  - 2016/17 commissioning Wesley Mission to continue Expanded Horizons Program

# Mental Health

- **Low intensity services**
  - online resources
- **Hard to reach groups (under serviced)**
  - children under 12
  - people experiencing, or at risk, of homelessness
  - women experiencing perinatal depression
  - people from CALD backgrounds
  - Indigenous men
  - ATAPS services
- **Severe and complex**
  - MHNIP
  - packages of care (in 2018/19)

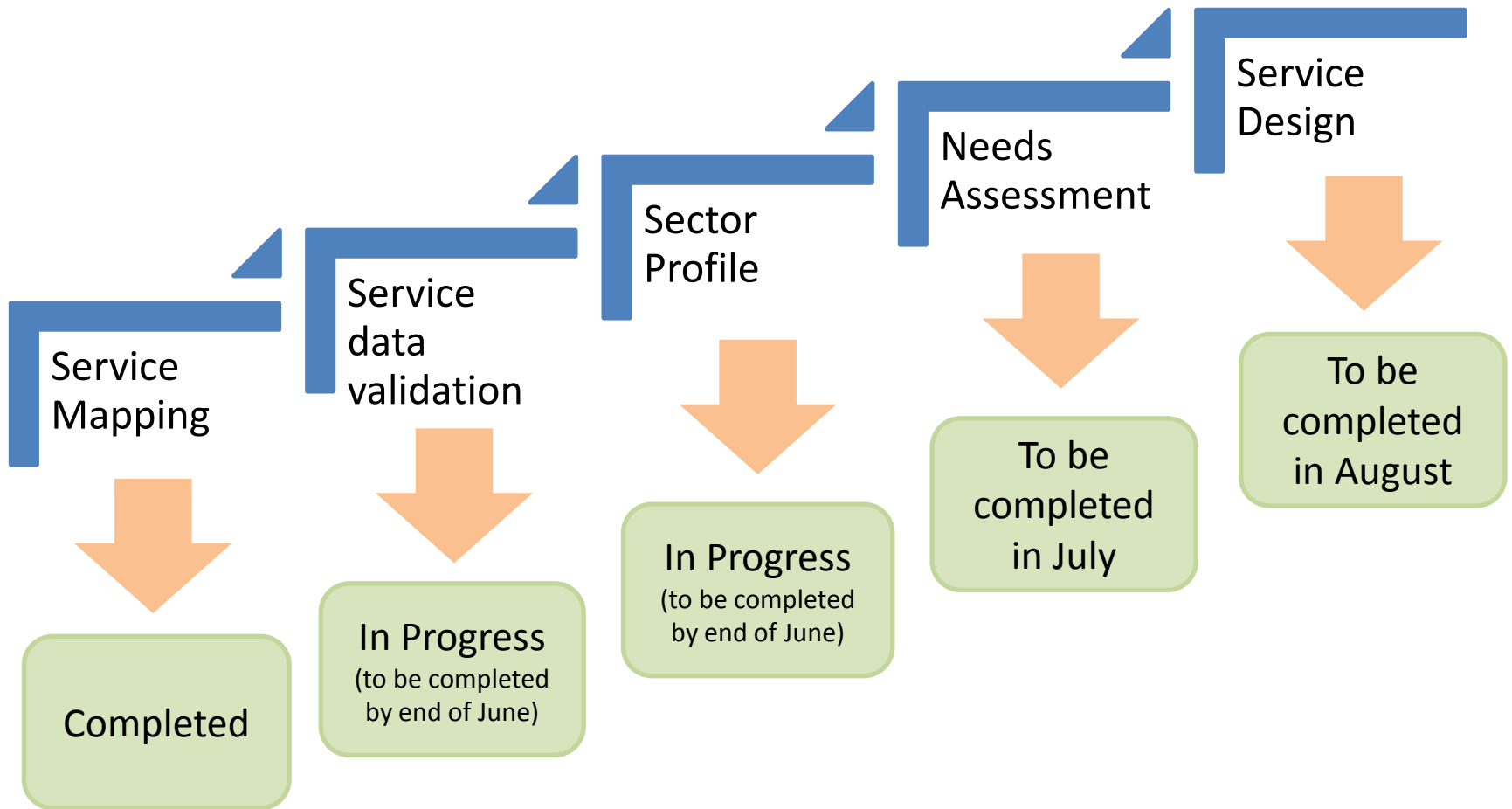


# Packages of Care (funded from 2018/19)

- For the first time, Australians with a severe and complex mental illness will also have access to an integrated care package tailored to their individual needs.
- A package would see people identified by health professionals as having complex care needs eligible to access a package of integrated health services, provided by a multi-disciplinary team, including: comprehensive assessment and care-coordination support; psychological services; mental health nursing; drug and alcohol services; vocational assistance; and peer support.
- GPs will play a key role in relation to these packages of care.
- This will be a learning experience for us all, the PHN will support GP's and multi-disciplinary team members along the way.

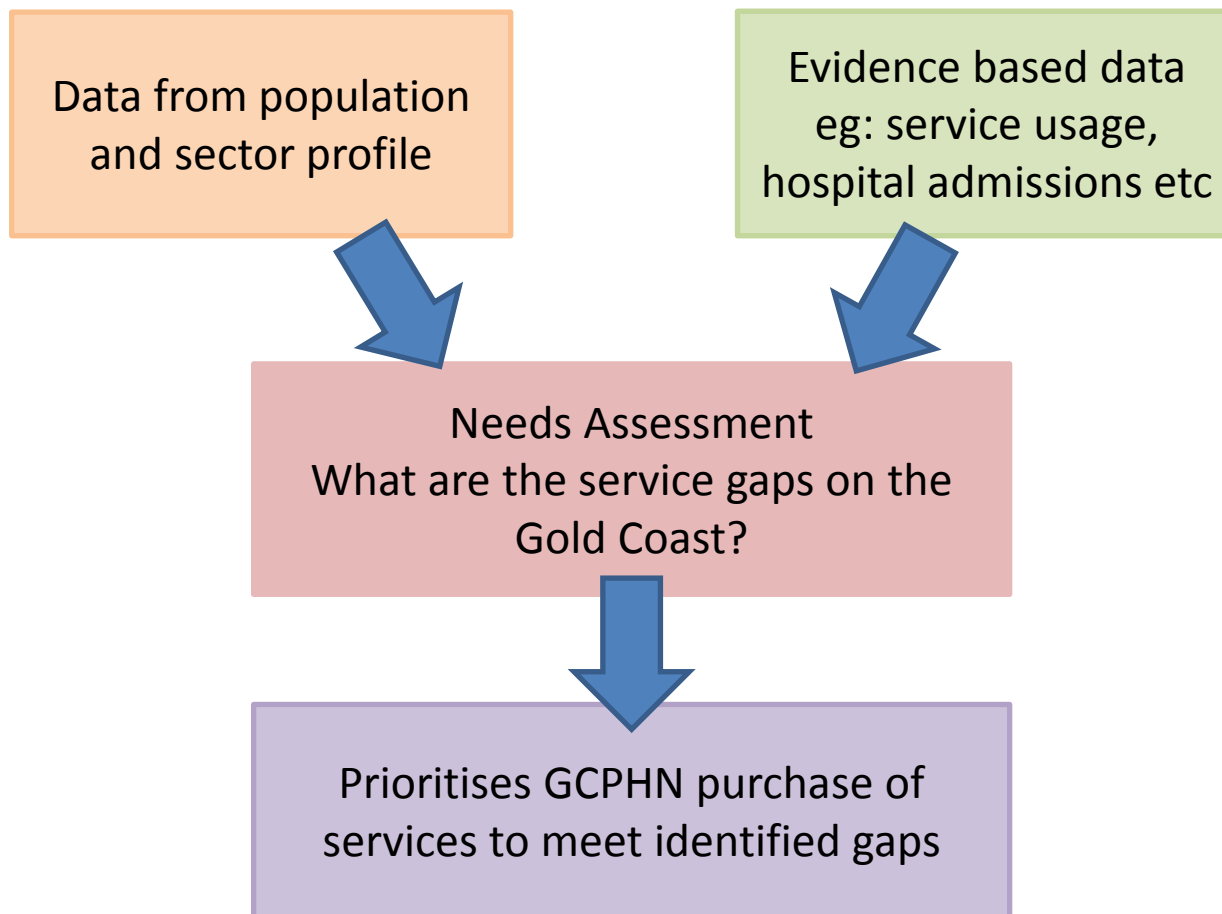


# GCPHN Response





## Needs assessment





# What is service design?

- Comprehensive service reviews of existing services:
  - Determining clinical effectiveness
  - Measuring program outcomes
  - Efficiency of service models
- Identifying gaps and barriers where no services exist or where existing services could be funded to provide

phn

# Alcohol and Drug Reform

# Alcohol and other Drugs

- Commonwealth Government announcement regarding ICE Taskforce funding – December 2015
- Funding broadened to alcohol and other drug treatment services, including ICE
- Same process in relation to planning and service design as for mental health

# Alcohol and other Drugs

## In scope treatment services for AoD funding:

- Early intervention targeting less problematic drug use, including brief intervention
- Counselling
- Withdrawal management with pathways to post acute-withdrawal support and relapse prevention
- Residential rehabilitation with pathways to post rehabilitation support and relapse prevention

# Alcohol and other Drugs

- Day stay rehabilitation and other intensive non-residential programmes
- Post rehabilitation support and relapse prevention
- Case management, care planning and coordination
- Supporting the workforce undertaking these service types through activities that promote joined up assessment processes and referral pathways and support continuous quality improvement, evidence based treatment and service integration and coordination.



phn

**Questions?**